Xtreme Climbers Treks And Expedition Pvt Ltd

Website:https://xtremeclibers.com
Email:info@xtremeclibers.com
Phone No:977 - 9801027078,977 - 9851027078
P.O.Box:9080, Kathmandu, Nepal
Address: Bansbari, Kathmandu, Nepal

Mt. Makalu (8485m)

Introduction

Mt. Makalu, The name “Makalu” is derived from the Sanskrit Maha Kala, a name for the Hindu Lord Shiva that translates “Big Black.” Located in Nepal’s Makalu-Barun National Park and Conservation Area. Makalu is an isolated peak whose shape is a four-sided pyramid. The 5th highest mountain in the world located about 14 miles east of Mount Everest. This mountain range situated in the edge of Nepal and China and it is an isolated peak. One of the hardest and technical eight-thousanders and it is considered one of the most difficult mountains in the world to climb. Which was first climbed on May 15, 1955 in by Lionel Terray and Jean Couzy of a French Makalu Expedition led by Jean Franco.
The mountain is notorious for its steep pitches and knife-edged ridges. The final ascent of the summit pyramid involves technical rock or ice climbing. South East and the Northwest Ridge are the main climbing route of Mt. Makalu. The 8485m peak typically takes around 55-60 days to climb. Most climbers are able to climb Makalu in both the spring and autumn seasons. However, spring is more suitable for good weather and snow conditions. It is located at the coordinates of 27°53'21" N and 87°05'27" E. The approach to Makalu is beautiful and elegant, the Barun Valley provides stunning contrasts where high waterfalls cascade into deep gorges, craggy rocks rise from lush green forests, and colorful flowers bloom beneath white snow peaks. This unique landscape shelters some of the last pristine mountain ecosystems on earth. Rare species of animals and plants flourish in diverse climates and habitats, relatively undisturbed by human kind.With seven valleys radiating from Mt. Makalu and it’s almost symmetrical four ridges it presents an incredible symmetrical elegance. Within this wide range of altitudes and climates, the Makalu-Barun area contains some of the richest and most diverse flora and fauna of Nepal. Diverse ethnic communities of Rai, Sherpa, and Shingsawa have inhibited the lower parts of country.

Mount Makalu is known for its spectacular beauty. Climbing is a highly challenging task and for many years it was not attempted. In the north of the Makalu summit there is a subsidiary peaks known as Chomo Lonzo.

Facts

- Altitude: 8485m<
- Duration: 48 days
- Grade: PD+ Scottish Grade III/V
- Group: 2 - 15
- Country: Nepal
- Best Season: Late spring (traditionally less hazardous) and autumn
- Start/Ends: Kathmandu (Capital of Nepal)
- Accomodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.
- Transportation: Domestic airp[illegible] tourist vehicles
- Meals Includes: Breakfast and [illegible] farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

Highlights

- A powerful adventure entering from low warm sub tropic climate into arctic zone
- An adventurous walk and climb crossing several high passes around beautiful Barun valley
- Explore around pristine Arun and Barun valley on least traveled area by any other adventurer
- A mind-blowing experience around unspoiled villages of Makalu and Arun valley areas
- Adventure of moderate to challenging walks and classic climb with super panorama

Itinerary

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2 :** Rest in Kathmandu, Expedition briefing and Preparing. Included meals:Breakfast Dinner
- **Day 3 :** Fly from Kathmandu to Tumlingtar and drive to Num (1,560m) Lodge: B/L/D Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 4 :** Trek from Num to Sheduwa (1,510m). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 5 :** Trek from Sheduwa to Tashi Gaun (2,070m). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 6 :** Acclimatization at Tashi Gaun (rest day). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 7 :** Trek from Tashi Gaun to Khongma (3,760m). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 8 :** Trek from Khongma to Mumbuk (3,520m). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 9 :** Trek from Mumbuk to Nehe Kharka (4,320m). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 10 :** Trek from Nehe Kharka to Makalu Lower Base Camp (4,870m). Tented Accommodation, Included

meals:Breakfast Lunch Dinner

- **Day 11 :** Acclimatization in Lower Base Camp (rest day). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 12 :** Acclimatization in Lower Base Camp (rest day). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 13 :** Hike from Lower Base camp to Higher Base Camp. Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 14 - 42 :** Climbing Period (Base Camp – Makalu Summit (8,163m)– Base Camp). Tented Accommodation, Included meals:High Food Breakfast Lunch Dinner
- **Day 43 :** Preparation to Return (Base Camp Cleaning). Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 44 :** Trek from Makalu Base Camp to Yangle Kharka. Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 45 :** Trek from Yangle Kharka to Khongma. Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 46 :** Trek from Khongma to Sheduwa. Tented Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 47 :** Trek from Sheduwa to Num and drive to Khadbari or Tumlingtar. Lodge Accommodation, Included meals:Breakfast Lunch Dinner
- **Day 48 :** Drive from Khandbari to Tumlingtar and Fly to Kathmandu & Transfer to the Hotel. Hotel Accomodation, Included meals:Breakfast Dinner
- **Day 49 :** Final Departure.Included meals:Breakfast

Note: *The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.*

Cost Includes

Full Board Service Includes

Xtreme Climbers Makalu Expedition includes entire necessary required of personal high quality tents for clients, Kitchen, Dining including toilet facility Tents including Hot meals [illegible] camp with best possible facility at camp. We provide you each member 1 personal highly and technically experienced Climbing Sherpa Guide (Everest and Makalu Summiter) who will set up camp 3 and camp 4 including [illegible] provisions, fuel and oxygen and he will help and assist you to reach the summit on the world's one of the ha[illegible]ficult Mountain. For safety and communication of our valuable members Xtreme Climbers will provide the Climb[illegible] appropriate long range radio communication to Camp 2, 3, and 4 and the climbing route as well at B.C so w[illegible] and movements during climbing.

- Required necessary arrival and departure transfer services to and from both Domestic and International flight as per itinerary.
- Assistance at the International airport by Satori adventures while arriving and departing in Kathmandu.
- 4 Nights 5*****Hotels accommodation in Kathmandu on B/B basis.
- Experienced and government licensed high altitude trekking guide during the trekking and climbing period.
- Required necessary Flight Tickets from Kathmandu-Tumlingtar-Kathmandu sector to all climbing member, Sherpa guide, liaison officer and kitchen staff.
- Required necessary High quality Trekking and Mountaineering equipment such as: Kitchen, Stores, Dining and Toilet Tents, Cooking utensils and Tables, Chairs for advance base camp and camp II.
- Necessary Common climbing equipment (necessary fixed and main rope, ice bars, ice screws, snow bar etc)
- Trekking and Climbing map of the Mount Makalu.
- Professional Cook and kitchen assistant at base camp.
- 3 meals a day: Breakfasts, lunch and Dinner with tea/coffee available at the tea house/hotel/lodge during the trekking.
- 3 fresh meals a day: Breakfast, lunch and dinner will be served at the advanced base camp.
- Required necessary food and fuel for base camp and the higher camps during expedition for both members and crew.
- 50.kg baggage allowance per person during the trekking period, this will be carried by porters.
- Daily weather report services
- Required necessary Trekking Permit (Makalu Barun National Park entry fee). TIMS card (Trekking Information Management System).
- Expedition Royalty and climbing permit of Nepal Government to climb Mt. Makalu (8485M).
- Nepalese Government Royalty and fees.
- Highly experienced and Technical government licensed Climbing Sherpa Guide (Everest summiteer and Makalu

Summiter) per client.
- Equipment, medical and accidental Insurances for all involved staffs in trekking and expedition including their wages.
- Equipment allowances and wages for climbing Sherpa, chefs, kitchen assistants.
- Equipment allowances and wages for government L.O.
- Satellite phone carrying by guide for communication and available for members at a cost of$4 USD per minute.
- Appropriate amount of food for high altitude and at base camp and above as required.
- Required fixed and dynamic rope during the climbing period.
- Heater will be provided at base camp for heating the dining room.
- Emergency oxygen, mask and regulator provided upon request of the client with appropriate charge.
- Individual VE-25 North Face tent for each expedition member available in the ABC.
- Solar panel for light and battery charging.
- Required necessary High Quality VE-25 North Face Tents for camp 1, 2, 3 and 4 for members and staff.
- Ice fall charges by SPCC
- First aid medical kits for the group and the staff.
- 5 Bottles (Summit Oxygen) will be provided each members.
- Latest model of Summit or mask and regulators.
- Sherpas tents, High food during climbing, and insurance for staff.
- Helicopter rescue insurance for high altitude climbing Sherpa guide, Cook and staff.
- Free assistance service for cargo clearance and duties.
- Fresh cooked food and kitchen will be provided at camp 2.
- EPI Cooking gas, stove will be provided in camp one, three and south col for cooking food, boiling water.
- Generator will be providing for back- up of lighting power and charging electronic tools.
- Transportation of food supply to Base Camp from Kathmandu (Cargo to Lukla and then by porter/Yaks to base camp)
- Complete pre-departure information
- Flight ticket reconfirmation (If needed)
- visa extension procedure services (if necessary)
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.
- Our service charge and Government Taxes levied in Nepal.

Base Camp Service Includes

- Required necessary arrival and departure transfer services to and from both Domestic and International flight as per itinerary.
- Assistance at the International [illegible] Satori adventures while arriving and departing in Kathmandu.
- 4 Nights 5*****Hotels accommo[illegible]mandu on B/B basis.
- Experienced and government lice[illegible]e trekking guide during the trekking and climbing period.
- Required necessary Flight Tickets [illegible]-Tumlingtar-Kathmandu sector to all climbing member, Sherpa guide, liaison officer and kitchen staff.
- Required necessary High quality Trekking and Mountaineering equipment such as: Kitchen, Stores, Dining and Toilet Tents, Cooking utensils and Tables, Chairs for advance base camp and camp II.
- Necessary Common climbing equipment (necessary fixed and main rope, ice bars, ice screws, snow bar etc)
- Trekking and Climbing map of the Mount Makalu.
- Professional Cook and kitchen assistant at base camp.
- 3 meals a day: Breakfasts, lunch and Dinner with tea/coffee available at the tea house/hotel/lodge during the trekking.
- 3 fresh meals a day: Breakfast, lunch and dinner will be served at the advanced base camp.
- Required necessary food and fuel for base camp and the higher camps during expedition for both members and crew.
- 50.kg baggage allowance per person during the trekking period, this will be carried by porters.
- Required necessary Trekking Permit (Makalu Barun National Park entry fee). TIMS card (Trekking Information Management System).
- Expedition Royalty and climbing permit of Nepal Government to climb Mt. Makalu (8485M).
- Nepalese Government Royalty and fees.
- Equipment, medical and accidental Insurances for all involved staffs in trekking and expedition including their wages.
- Equipment allowances and wages for Sherpa Guide, Cook, kitchen assistants.
- Equipment allowances and wages for government L.O.
- Satellite phone carrying by guide for communication and available for members at a cost of$4USD per minute.
- Appropriate amount of food for high altitude and at base camp.
- Heater will be provided at base camp for heating the dining room.
- Emergency oxygen, mask and regulator provided upon request of the client with appropriate charge.
- Individual VE-25 North Face tent for each expedition member available in the ABC.
- Solar panel for light and battery charging.

- Required necessary High Quality VE-25 North Face Tents for camp 1, 2, 3 and 4 for members and staff.
- Ice fall charges by SPCC
- First aid medical kits for the group and the staff.
- Sherpas Guide tents, food during staying at B.C, and their insurance.
- Helicopter rescue insurance for high altitude Sherpa guide, Cook and staff.
- Free assistance service for cargo clearance and duties.
- Fresh cooked food and kitchen will be provided at camp.
- Generator will be providing for back- up of lighting power and charging electronic tools.
- Transportation of food supply to Base Camp from Kathmandu to Makalu B.C.
- Complete pre-departure information
- Flight ticket reconfirmation (If needed)
- visa extension procedure services (if necessary)
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.
- Our service charge and Government Taxes levied in Nepal.

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we dont't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.

2. The cost of the trip depends on [illegible] persons joining in group for High expedition or Mountain Climbing including number of climbers, [illegible] camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, [illegible] mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.

3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.

4. Request numbers of oxygen, mask regulators and the brands the clients require

5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.

6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.

7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.

8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in or login to for any information about your selected package.

Cost Excludes

Full Board Service Excludes

Xtreme Climbers Makalu Expedition includes entire necessary required of personal high quality tents for clients, Kitchen, Dining including toilet facility Tents including Hot meals at camp with best possible facility at camp. We provide you each member 1 personal highly and technically experienced Climbing Sherpa Guide (Everest and Makalu Summiter) who will set up camp 3 and camp 4 including High food provisions, fuel and oxygen and he will help and assist you to reach the summit on the world's one of the hardest and difficult Mountain. For safety and communication of our valuable members Xtreme Climbers will provide the Climbing Sherpa with appropriate long range radio communication to Camp 2, 3, and 4 and the climbing route as well at B.C so we get each second movements during climbing.

- Airfare of international flights.
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and Dinner during your stay in Kathmandu (except for the Welcome and Farewell dinner)
- Items of personal nature, Laundry Expenses, Tips.
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking.
- Extra transportation then display in itinerary program.
- Any additional staff other than specified.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopt[illegible]
- Personal climbing gears.
- Walkie-talkies & Filming permit ([illegible]ra or walkies-talkies).
- Expenses incurred towards usage [illegible]biles, walkies-talkies or satellite phone And Internet expenses
- Clothing, Packing Items or Bags, Pers[illegible] Camera/Video Fees or Trekking Gears
- Nepal custom duty for import of expedition goods.
- Summit bonus for climbing Sherpa Guides as per Mountaineering Association rules. Minimum US$ 1500.00 per climbing Sherpa guide.
- Tips and gifts for base camp and high altitude trekking and climbing staff.
- Any extra services or products or offers or activities which are not mentioned in the itinerary or any other item not included in “Cost Includes” section.

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