Xtreme Climbers Treks And Expedition Pvt Ltd

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Api Saipal Himal Base Camp (West Nepal) Camping

Introduction

Api Saipal Himal Trek is for those trekkers who want to visit remote and unspoiled area of Nepal. It lies in far western Nepal. The name Api is came from Tibetan word, which means grandmother. This route is still off touristy and very few tourists have visited this area. Api saipal Himal trek gives the great opportunity to explore the real wilderness of nature of Nepal. Besides these, it offers the massive mountains view, cultural diversity, beautiful forests, rapid rivers, mysterious culture and off beaten trail. While on the trail you can enjoy the spectacular views of Api Himal (7,132m), Saipal {7,031m}Mt. Thado Dhunga Tuppa (5,368m), Mt. Nanda Devi (7,817m), Rajamba (6,537m) and other peaks as well. Api Saipal base camp trekking via Simikot required special permit. Most of trekking agencies operate this trekking via Mahendranagar where you have to drive a long journey at least 15 hours one way. Chala will be the last settlement from this route. And here, keep to their child with tight by fixed rope for not to fall down from house during parents away from house {in day time} on Api Saipal Himal trek.

Api Saipal Himal Trek is best trekked between mid-October and November after the harvest has cleared fields to camp on, as there are no designated campsites. It’s logistically complex; you need to bring your own porters on this trek as locals in this rarely visited region are unfamiliar with foreign trekking routines. A 24 days itineraries runs from Silgadhi (a sealed road reaches Silgadhi from Dhangadhi) through Khaptad National Park to reach the Seti River Valley and the Bajhang District capital of Chainpur, from where you continue on to Saipal Base Camp. There are flights of Chainpur at the end of the trek. If you wish to fly in and out of Chainpur, Budget three weeks. Xtreme Climbers supporting team should move ahead by bus, the fair weather road stops at Tamil Bazaar, about 2 hours from Chainpur. The people of this

region are extremely welcoming towards trekkers.

Api Saipal Himal trek via Mahendranagar, even though Api Himal trek is the adventures trek from this place is equally popular among those travelers who are interested in bird watching. And agriculture is the main occupation of the local people of this area. Kali Dhunga Lake is a famous holy lake of this area which is about 2 hours walking from the Api Himal Base Camp. Brahmin, Chhetri, Mahara, Bohora, Thekare, Jhakari and Lohar are the local community of this region. Normally, they have their own different language and culture. They are not able to speak fluent Nepali language as well. A nomad community known as “Raute” is also found here. They speak their own language and they used to live in caves in the past. During summer they ascend up to Api Himal Base Camp and during winter they descend to Terai and reach as far as Indian border.

Facts

- Altitude: 5100<
- Duration: 21 days
- Grade: Strenuous
- Group: 2 - 15
- Country: Nepal
- Best Season: February, March, April, May, October, November
- Start/Ends: Kathmandu (Capital of Nepal)
- Accomodation: Teahouse / Ten
- Transportation: Bus

Itinerary

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2 :** Drive / Fly Kathmandu to Nepalgunj 517 km. 1 hour flight, 10-11 hrs drive. Meal includes:Breakfast/Lunch/Dinner
- **Day 3 :** Drive from Nepalgunj to Mahendranagar 219 km. 3-4 hrs drive Meal includes:Breakfast/Lunch/Dinner
- **Day 4 :** Drive from Mahendranagar to Gokuleshwor 290 km. 5-6 hrs drive Meal includes:Breakfast/Lunch/Dinner
- **Day 5 :** Trek from Gokuleshwor to Karkale 900m. 2-3 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 6 :** Trek from Karkale trek to Chiureni 1100m. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 7 :** Trek from Chiureni trek to Makarighat 1800m. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 8 :** Acclimatization at Ma[illegible] Meal includes:Breakfast/Lunch/Dinner
- **Day 9 :** Trek from Makarighat [illegible] 800. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 10 :** Trek from Seti to Lawa[illegible] walk Meal includes:Breakfast/Lunch/Dinner
- **Day 11 :** Trek from Lawathi to Sima[illegible] hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 12 :** Trek from Simar to Dhawaliwa[illegible] 5 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 13 :** Trek from Dhawalidwar to Api Base Camp 4,100m. 2 hrs walk Overnight at camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 14 :** Trek from BaseCamp to Saheb Bagar 2,800m. 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 15 :** Trek from Saheb Bagar to Makarighat 1,800m. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 16 :** Trek from Saheb Bagar to Makarighat 1,800m. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 17 :** Trek from Makarighat to Bitule 1200m. 4-5 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 18 :** Trek from Bitule to Gokuleshwor 850m. 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 19 :** Drive from Gokuleshwor to Mahendranagar. 5-6 hrs drive Meal includes:Breakfast/Lunch/Dinner
- **Day 20 :** Drive from Mahendranagar to Nepalgunj. 3-4 hrs drive. Meal includes:Breakfast/Lunch/Dinner
- **Day 21 :** Flight from Nepalgunj to Kathmandu. Meal includes:Breakfast/Dinner
- **Day 22 :** Final Departure

Note: *The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.*

Cost Includes

Full Board Service Includes

- Domestic Airfare
- All Ground Transportation

- All Required Entry permits & Fees
- Guide and Porter Salary, necessary porters
- 3 star or same category hotel on BB {Bed & Breakfast} plan in Kathmandu according itinerary
- Accomodation in Nepalgunj with full board of meals.
- Comfortable high quality VE-25 North face tents for members during camping
- Entire necessary High quality Kitchen utilities with Dining, Toilitte, Kitchen tent chair/table.
- Company Guarantee for Emergency evacuation (clients are required to have their own traveling Insurance which copied hand over to company)
- All food, kitchen & camping staff and equipment transfers by bus to Nepalgunj and by air to Simikot.
- Full board of meals while on trek
- Thuraya SAT Phone (Emergency use only)
- Radio Walkie Talkie
- Guide and porters will be insured as required by Nepal government regulation
- Local supporting staffs wages including their insurance.

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we dont't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.

2. The cost of the trip depends on [illegible] persons joining in group for High expedition or Mountain Climbing including number of climbers, [illegible] camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, [illegible] mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.

3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.

4. Request numbers of oxygen, mask regulators and the brands the clients require

5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.

6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.

7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.

8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in or login to for any information about your selected package.

Cost Excludes

Full Board Service Excludes

- Any meals in Kathmandu other than breakfast, welcome and Farewell dinner.
- Travel insurance (if you want us to arrange your travel insurance, we would greatly be happy to assist).
- International air fare to and from Nepal.
- Nepal Tourist Visa fee.
- Items and expenses of a personal nature.
- Any kind of alcoholic drinks, cold drinks, laundry, phone calls, internet.
- Personal Trekking Equipments like sleeping bags, jackets (can all be hired in KTM)
- Emergency Evacuation (Helicopter Rescue).
- Any costs which arise due to a change of the itinerary, because of landslides, political disturbance, and strikes etc.
- Any other costs whatsoever, that is not mentioned in the cost includes.
- Horse renting and additional porters due to natural calamities during the trek.
- Tips for guide, porters, driver

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