



## Lumbini



### Introduction

Lumbini is the Buddha's birthplace, one of the world's most important spiritual sites and attracts Buddhist pilgrims from around the world. Today you can visit over twenty-five Buddhist monasteries built by diverse countries from Vietnam to France, study Buddhism, meditate and visit the birthplace within the sacred Mayadevi Gardens.

Mayadevi Temple is the most sacred site in the Lumbini Garden where archaeologists have identified the exact spot where Lord Buddha was born. Inscriptions on the Ashoka Pillar nearby also refer to the spot as his birthplace. It is said that the newly born Prince Siddhartha (later became the Buddha) took his first seven steps and delivered his peace message to humanity here.

The birth took place in the beautiful Sal grove, which is now the focal point of the Lumbini Garden. Mayadevi, the Queen of Shakyas King Suddhodana of Kapilvastu, while passing through the Lumbini Garden, on the day of Baishakha Purnima (full moon day of May in 623 BC) took a bath in the Sacred Pond Pushkarini and soon after gave birth to Prince Siddhartha.

Visit the remarkably beautiful monasteries built by countries such as China, Japan, Sri Lanka, Myanmar, Germany, France and many more; admire the spectacular and diverse architecture they showcase. Soak up the peaceful atmosphere and above all, visit the Maya Devi Temple which dates back 2,200 years.

Walk around the garden or find a quiet spot to contemplate. The focal point for pilgrims is a sandstone carving depicting the birth of the Buddha, believed to have been left here by the Malla King Ripu Malla, in the 14th century, when Mayadevi was worshipped as an incarnation of a Hindu mother goddess. The Ashoka Pillar was built by the great Indian Emperor Ashoka who became a devout Buddhist while visiting the birthplace of the Buddha back in 249 BC.

Visit the Panditarama Vipassana Center for some yoga and meditation and interact with the monks who live in the vicinity of the monasteries, devoting their time to bringing peace and harmony to all sentient beings through devotion and religious worship.

The Lumbini Garden covers an area of 2.56 sq km and encompasses three zones each covering one square mile connected with walkways and a canal. The area has a sub-tropical climate with hot summers, very wet monsoon and pleasant winters. Winter is the best time to visit.

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## Facts

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2** : Kathmandu to Lumbini (flight or drive), overnight at Hotel
- **Day 3** : Explore the Lumbini, overnight at Hotel.
- **Day 4** : Lumbini to Kathmandu or Pokhara or Chitwan, overnight in hotel.
- **Day 5** : Final Departure from international airport

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

## Full Board Service Includes

- Free airport-hotel-airport pickup and drop (cost of transport depends on group size).
- Both way tourist bus or flight as per program.
- Well experienced, government registered, English speaking tour guide.
- 2 nights accommodation with breakfast at standard hotel in Kathmandu with breakfast.
- Kathmandu Historical monuments and pilgrims city tour as per the above itinerary with tour guide and private Car/Van if required.
- Necessary ground transportation during the trip
- Office Service charge, government taxes and vat etc.
- Insurance for Tour Guide and their daily wages
- Insurance, food, accommodation and salary of entire trip crew

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that you require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the food available here.
8. Either any of the climbers intend to set any world records? If so, do they require special services or equipment?



Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [our contact form](#) or login to [our website](#) for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- Nepal Tourist Visa fees and Items and expenses of personal nature
- Travel insurance, international air fare to and from Nepal.
- Personal natural expensive except above programs
- Entrance fees
- Travel/Accident/Medical /emergency evacuation Insurance
- Lunch and Dinner
- Personal Tour gears and Equipment's
- Bar bills, beverages such as Coke,Fanta,Sprite ad special coffee.
- Laundry service, phone calls, internet and wifi services.
- Gratitude and tips for your guide, porters and driver