



## Tumlingtar to Jiri



### Introduction

Tumlingtar to Jiri, One of the best and famous trekking routes passes through Sagarmatha National Park and Makalu-Barun National Parks. This is a beautiful trek that passes along several passes offering tremendous views of the Himalayan range and green valleys. We trek through traditional villages of people living who follow Sherpa and Rai, the trail takes you through beautiful rhododendron forests. The route was founded by locals in the past as a trading route, After the development of infrastructure, this route was no longer in use for the trading purpose and the sooner the trading route became a trekking route.

### Facts

- Altitude: 3350m<
- Duration: 17 days
- Grade: Moderate to Strenuous
- Group: 2-15
- Country: Nepal
- Best Season: Sep/Oct/Nov/Dec/Mar/April/May
- Start/Ends: Kathmandu (Capital of Nepal)
- Accommodation: Hotel, lodge
- Transportation: Private/Local bus

## Highlights

- The Arun valley, Salpa Pass with maximum height of 3350 meters located between the Sagarmatha and Makalu-Barun National Parks.
- Surrounded closeup views of both Mt Everest and Mount Makalu and hundreds of other mountains very closely.
- Culturally, this trek is very interesting which moves from Sherpa through to Rai villages, then down to Chhetri and Brahmin villages which also accommodate travellers in their home stays operated by the locals.
- Chance to taste the famous Sherpa-Tibetan drink called Tungba - a Sherpa local made alcoholic drink (Known as Sherpa Wine) with varieties of traditional food.
- Tumlingtar followed by the Arun River until the trail turn into the Irkhu Khola valley, which is also renowned for its natural paper products.
- An ancient trade route used by local people to transport agricultural products to Namche Bazaar and Tibet across Nangpa-La and also leading to the holy lake Salpa Pokhari and another pass called the Surkie La.

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu Meal includes:Breakfast
- **Day 2** : Kathmandu valley sightseeing and Trek preparation Meal includes:Breakfast/Dinner.
- **Day 3** : Fly to Tumlingtar / 1hr drive to Khadbari 1,041m. Meal includes:Breakfast/Lunch/Dinner.
- **Day 4** : Khadbari to Majuwadanda 800m. 4-5hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 5** : Majuwadanda to Salpa Phedi 1,530m. 7 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 6** : Salpa Phedi to Sagar 2,834m. via Salpa pass 3,350m. 7-8 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 7** : Sanam to Khiraule 2,800m. 7 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 8** : Khiraule to Sagar 2,834m. via Surke La/Charakot Pass 3,070m. 6-7 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 9** : Sibuche to Paiya 2,767m. via Chhaduk pass 3,161m. and Kari La pass 3,059m. 7hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 10** : Paiya to Lukla 2,840m. 4-5 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 11** : Lukla to Kharikhola 2,007m. 7 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 12** : Kharikhola to Ringmu 2,739m. via Taksindu La 3,062m. 7 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 13** : Ringmu to Sete 2,538m. via Lamjura La 3,532m. 8-9 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 14** : Sete to Deurali 2,700m. 5-6 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 15** : Deurali to Jiri 1,930m. 5-6 hrs trek Meal includes:Breakfast/Lunch/Dinner.
- **Day 16** : Jiri to Kathmandu 7-8 hrs drive Meal includes:Breakfast/Lunch/Dinner.
- **Day 17** : Final Departure, Your adventure in Nepal comes to an end today.

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- Airport / Hotel / Airport pick up & transfer by car / Van.
- Welcome and farewell dinner
- 2 nights accommodation with breakfast at 3\*\*\* 5\*\*\*\*\* hotel in Kathmandu as per your request.
- Kathmandu city tour as per the above itinerary.
- Meals (breakfast, lunch and dinner) with Tea & coffee and hot water during the trek.

- Government Licensed guide and necessary porters during the trek.
- Thuraya SAT Phone (Emergency use only)
- Radio Walkie Talkie
- Insurance of all staff including porters.
- Flight ticket from KTM/Lukla and Tumlingtar/KTM and domestic airport tax.
- All transportation by private car
- 1 experienced, helpful and friendly guide, porters (1 porter for 2 persons), their food & accommodation, bus ticket, salary, equipments and insurance.
- Makalu National Park Permit and all necessary permits.
- Lodge to lodge accommodation during the trek.
- All Office Service charge and government TAX.

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as per your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climb Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, porter, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porter, support crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
- 8.

Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in \_\_\_\_\_ or login to \_\_\_\_\_ for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- International airfares
- Any meals in Kathmandu other than BB plan.
- International air fare to and from Nepal.
- Major meals, lunch and dinner in Kathmandu
- Any kind of alcoholic drinks, cold drinks, laundry, phone call, internet.
- Personal Trekking Equipments like sleeping bags, jackets (can all be hired in KTM)
- Any costs which arise due to a change of the itinerary, because of landslides, political disturbance, and strikes etc.
- Any other costs whatsoever, that is not mentioned in the cost included.
- Horse renting and additional porters during the trek.
- Any type of personal expenses, such as alcoholic beverages and drinks, phone and laundry.
- Nepal entry visa fee – you may easily obtain the visa upon your arrival at Kathmandu airport.
- Rescue & travel insurance, trip cancellation costs, accident or health emergency, evacuation, loss, theft or damage to baggage and personal effects. We strongly advise you to take out personal travel insurance.
- Tips for guide and porters.

