



## Tilicho Lake Trek Spring/Autumn (Option B)



### Introduction

Annapurna with Tilicho Lake Trek is a fantastic journey along the famous Annapurna region. Located in the Manang district of Nepal, 55 kilometres at the height of 4920 meter known as the highest lake of the world. Tilicho Lake collects the glacial melt of the full northern slopes of Annapurna and Thorong Peak, Starting from Besisahar, which goes along the Marshyangdi River, with great views of Manaslu and Himal Chuli to the east. This magnificent Tilicho Lake trekking leads you to the fine village inhabited by a wide diversity of people from different ethnic groups, offering spectacular and magnificent views of the white Himalayas. The trail cuts through varied elevations, and has climates ranging from semi-tropical to desert, and with the landscapes varying from sub-tropical to alpine forests to snowy barren, and the stunning rocky Thorung La mountain pass with an altitude of 5416 meters.

### Facts

- Altitude: 5416<
- Duration: 16 days
- Grade: Moderate to adventurous
- Group: 2 - 15
- Country: Nepal
- Best Season: Sept - Dec and Mar - May (Spring/Autumn)
- Start/Ends: Kathmandu (Capital of Nepal)

- Transportation: Private Car / Van / Hiace as per group size.

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2** : Drive to Chamje (1,410m): 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 3** : Trek from Chamje to Dharapani (1,960m/6,430ft): 5 - 6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 4** : Dharapani to Chame (2,710m): 5 - 6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 5** : Chame to Pisang (3,300m): 4-5 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 6** : Pisang to Manang (3,500m): 5- 6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 7** : Manang to Khangsar (3,745m): 2-3 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 8** : Khangsar to Tilicho Base Camp (4,140m): 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 9** : Visit Tilicho Lake (4,949m) then trek back to base camp: 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 10** : Tilicho Base Camp to Yak Kharka (4040m): 4-5 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 11** : Yak kharka to Thorong Phedi: (4,420m): 3-4 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 12** : Thorong Phedi to Muktinath (3,800m) via Thorong La pass (5416m): 6-7 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 13** : Muktinath to Jomsom (2,743m): 4-5 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 14** : Fly from Jomsom to Pokhara (823m): 30 minutes. Meal includes:Breakfast
- **Day 15** : Fly from Pokhara to Kathmandu: 35 minutes. Meal includes:Breakfast/Dinner
- **Day 16** : Fly back to hometown

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zipliner in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- Airport pick up and airport drop by private transportation
- Twin sharing accommodation in Kathmandu\*\*\* B/B
- Tea House Accommodation during trek
- Entire necessary ground transportation in an A/C or A/C comfortable vehicle
- Historical monuments cities sightseeing and English speaking tour guide
- Required necessary Permit (ACAP/Annapurna Conservation Park fee.
- Domestic flights from Jomsom-Pokhara
- Guided city tour in Kathmandu by private vehicle
- Porter service (2 trekkers: 1 porter)
- Medical kit (carried by your trek leader)
- Thuraya SAT Phone (Emergency use only)
- Radio Walki Talki
- 3 time meal (Breakfast, Lunch and Dinner) during entire trip
- Fees to be paid for Trekkers Information Management System - TIMS. (Note : You are required to bring two passport size photo for this purpose)
- Government licence holder professional english speaking guide
- Nepali staff insurance and their wages
- Tea House and Tented accommodation during trek. VE-25 North Face will be provided for the clients.
- Nepal Government tax and Office service charge



## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that you require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the food available here.
8. Either any of the climbers intend to set any world records? If so, do they require special services or equipment?



Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [contact us](#) or login to [our website](#) for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- Nepal entry visa fee US\$ 25 (duration 15 days ) and US\$ 40 (duration 30 days )
- Historical monuments entrance fee
- Wire Transfer charge or Credit card service charge as company rules
- Lunch and Dinner during the stay in Kathmandu
- Snacks, soft drink during the trek
- Personal trekking equipment
- International or domestic air tickets and airport taxes
- Personal trekking equipments and Clothing
- Alcoholic beverages, laundry, Telephone calls and all type of hot drinks during Jeep tour Soft drinks such as cola, mineral water etc
- High risk medical / travel insurance and First aid kit
- Tips to the guide, porter, driver or any other trekking staff
- Excess baggage charge

- Extra night accommodation in Kathmandu in case of early arrival, early departure from the trek or due to any reason from the planned itinerary
- Any other not mention above cost includes

