



## Annapurna Circuit Trek



### Introduction

Annapurna circuit Trek or classic Himalayan trek. The Circuit is a trek within the mountain ranges of central Nepal. The route for Annapurna Circuit Trek was just opened since 1977. The total length of the route varies between 160–230.km, depending on where motor transportation is used and where the trek is ended. This trek crosses two different river valleys and encircles the Annapurna Massif.

Our trek begins with drive from Kathmandu to Bhulbhule and walk on a suspension bridge through magnificent terrace farm to get to Ngadi community. Walk on the crisscross path passing Syange and down to the river bank to arrive at Jagat. Moving ahead, we will reach Danakyu where we will get to see the striking views of Mt. Manaslu 8,156m. and Peak 29. By enjoying the view of renowned Dudh Khola pouring from the south face of Mt Manaslu along the way to Chame, In addition, we will trek Pisang from where the views the north-east peak of Pisang as well as Annapurna II appears. Before reaching Manang village we will get to see fantastic views of Annapurna II, III. As we walk side to side with a shaky incline and then walk down to Thorong La Pass lying at the height of 5,416m. Besides, we will also visit Muktinath Temple (A God of Salvation) equally believe by Buddhists as well as Hindus religious.

During the 15 days Annapurna circuit trek will provide you an amazing vista of Annapurna 8,097, Dhaulagiri 8,167m, Lamjung, Manaslu 8,156m, Machhapuchhre 6,993m, Tukucho peak 6,920m etc. Which you will enjoy during the entire trek as it starts and finishes in the lush foothills of the Annapurna, scattered with different settlements. We will feel the spectacular change as we go into the barren scenery of the Tibetan highland where the way of life becomes mostly

Buddhist.

## Facts

- Altitude: 5,416m Thorong-La<
- Duration: 15 days
- Grade: Moderate
- Group: 2-15
- Country: Nepal
- Best Season: Mar-May, Sep-Dec
- Start/Ends: Kathmandu
- Accommodation: Full board Camping
- Transportation: Private Car / Van / Hiace as per group size/ Flight
- Meals Includes: Breakfast/Lunch/Dinner

## Highlights

- Enormous soaring snow-clad mountains around and the transformation in vegetation is miraculous.
- Grand view of Annapurna range, Gangapurna, Lamjung, Tilicho and Chulu is phenomenal.
- Going over the one of the longest pass Thorong La 5,416 m/17,769 ft, the highest point in the Annapurna circuit trek.
- Muktinath Temple to the other side of the pass which is a very sacred place for both Hindus and Buddhists is another highlight of the trip.
- Flying from Jomsom airport 2,720m to Pokhara 820m/2690 ft. through the valley of Kali Gandaki, world's deepest gorge is simply phenomenal.

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu. Arrival in Kathmandu [1300 m/4264 ft] Arrive at any time, Xtreme Climbers vehicle and represent we'll pick you up from Tribhuvan International Airport and take you to the hotel. Your included activities consist of refreshments, introduction to your guide, as well as an introduction on The Trek. Meal includes:Breakfast
- **Day 2** : Drive to Kathmandu to Bhulbhule early morning by private Car/Jeep/Bus as per group size 6-7hr 840m, Overnight at Local tea house. Included meals:Breakfast Lunch Dinner
- **Day 3** : Hiking up to Jajaj village 3,300m. 4-5hr Overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 4** : Hiking up to Danakyu 3,500m. overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 5** : Hiking up to Chame 3,700m. District Headquarter of Manang )4-5hr overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 6** : Hiking up to upper Pisang 3,300m. overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 7** : Hiking up to Ghyaru village and to see excellent view Annapurna two, Annapurna three, & Trek to manang village 3,540m. 5-6hr overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 8** : Rest Day explore Manang village. Included meals:Breakfast Lunch Dinner
- **Day 9** : Hiking up to Ledar 4hr 4,200m. overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 10** : Hiking up to Thorung Phedi 4,450m. 2-3hr Overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 11** : Hiking up to Thorung -La pass 5,416m. trek down to Muktinath 6-7hr. overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 12** : Drive to Tatopani 2,700m. 5-6hr by local bus overnight at tea house. Included meals:Breakfast Lunch Dinner
- **Day 13** : Early in the morning drive from Tatopani to Pokhara by local bus. Overnight stay in Pokhara. Included meals:Breakfast Lunch Dinner
- **Day 14** : Fly Pokhara to Kathmandu (25 minet) or drive back 7-8hr by tourist bus as per itinerary. Included meals:Breakfast Lunch Dinner
- **Day 15** : Final Departure, Your adventure in Nepal comes to an end today! There is nothing to do but trade emails with your travel companions and organize your photos. A representative from Xtreme Climbers will take you to the airport, approximately 3 hours before your scheduled flight. On your way home you'll have plenty of time to plan your next adventure in the wonderful country of Nepal. Included meals:Breakfast

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- All the ground transportation as per itinerary.
- Hotel in Kathmandu ( 2 nights) and Pokhara ( One night) with breakfast at 3 to 5 stars level as per client's request.
- Meals 3 times a day (B.L.D) during the trekking as per itinerary.
- Twin sharing comfortable and clean private room in trekking.
- Domestic flight ticket from Pokhara- Kathmandu with airport tax as per itinerary.
- Trip Map.
- An experienced, knowledgeable, helpful, friendly and English-speaking trekking guide and porter to carry your luggage during the trek (2 trekkers:1 porter).
- Food, drinks, accommodation, insurance, salary, equipment, transportation, local tax for Guide and porter.
- Group medical supplies (first aid kit will be available).
- Four season sleeping bag and down jackets to use for trekking, if necessary.
- Achievement Letter( Gift from our company).
- All necessary paper works and Annapurna conservation entry permits.
- Thuraya SAT Phone (Emergency use only)
- Radio Walkie Talkie
- Travel & Rescue arrangement.
- TIMS (Trekking Information Management System).
- All our government taxes, vat, local tax, tourist service charges.
- Welcome/Farewell Dinner

### Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For **Full Board** Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

### Why we don't include cost in our

**NOTE:** To provide you service in real time and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers. For the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
- 5.

The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.

6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in \_\_\_\_\_ or login to \_\_\_\_\_ for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- Lunch and dinner in Kathmandu
- All kinds of drinks in the mountain (hot, cold and alcoholic).
- Sightseeing in Kathmandu.
- Personal equipment.
- International airfare to and from Kathmandu.
- Travel and rescue insurance.
- Extra personal expenses (phone calls, laundry, bar bills, battery recharge, laundry, shower, excess baggage charges)
- Tips for trekking staff and driver (Tipping is expected)
- Any other expenses which are not mentioned on 'Price Includes' section.
- Additional costs or delays caused by management out of control like landscape, bad weather condition, in case of itinerary modification with a view of concerns, illness, change of government policy, political instability raises strike, moment etc.

