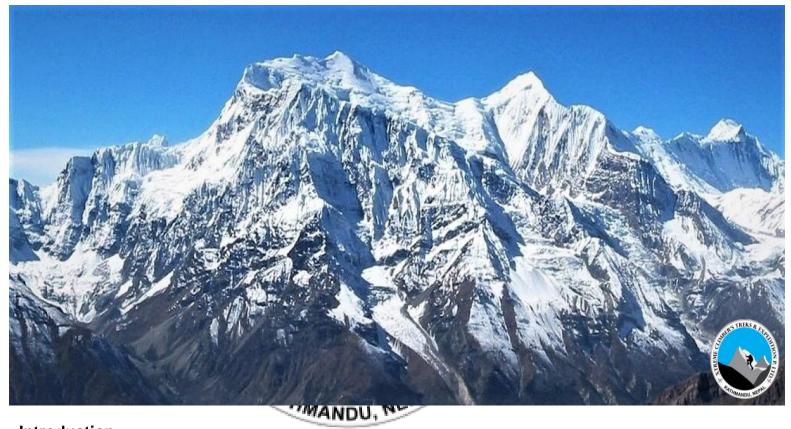


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# Annapurana (8091m)



## Introduction

Annapurna I 8,091m. Normally translated as "The Goddess of Harvests". In Sanskrit literally means "Full of Food" (10th Highest mountain on planet) was the first mountain over 8,000.m that was successfully scaled. located in a spectacular setup, east of a great gorge cutting through the Himalayas by the Kali Gandaki River, which separates it from the Dhaulagiri massif lies only 34.km west. Annapurna I was the first 8,000m peak climbed by a French Expedition led by Maurice Herzog, who reached the summit on 3rd.June.1950. It took 20 years for another team to succeed on the same mountain summit. The 1970 ascent of the South Face of Annapurna by Chris Bonington's team was a landmark in the history of mountaineering. This is a mountain that is among the most familiar of mountains, yet one that is very rarely climbed.

For Hindu religious followers Annapurna is "The Universal and Timeless Kitchen-Goddess, the mother who feeds and prevents starvation, a universal fear, which makes Annapurna a universal goddess, associated with the giving of food (wealth). This led her in time to be transformed into Lakshmi, (The Goddess of Wealth) with the most popular shrine located in Kashi, on the banks of river Ganga.

Mount Annapurna expedition was led by Maurice Herzog in 1950 had come with the intention climbing Dhaulagiri, it took them two weeks to locate Annapurna I after they changed their plans. This was an unusual way to climb a peak in the daunting Himalayas because the mountain had remained unexplored. Finding a way to the peak, they decided to climb it and pulled off a remarkable feat by summitting it on their first attempt. They climbed up the north face of the mountain and it was Maurice Herzog and Louis Lachenal who made it to the top on 3rd June 1950, just before the monsoon

arrived. This was a historic moment in mountaineering history as until then, no human had climbed a peak over eight thousand meters in height. The first Nepali citizen to emulate this feat was Sonam Walung Sherpa on 13th October 1977.

The Annapurna Conservation Area is home to several world-class treks, The entire massif and surrounding area is protected within the 7,629 sq km as Annapurna Conservation Area led by Project (ACAP), the first and largest conservation area in Nepal, established in 1986. including the Annapurna Circuit, so the Annapurna Expedition has additional benefits of occurring in an extremely spectacular setting, however Mt. Annapurna peaks also known as the world's most dangerous mountains to climb. There are four Annapurna's in the massif as well and Gangapurna and Annapurna South. The South Face of Annapurna is one of the largest and steepest faces in the world. The face is awesome in size and difficulty. The South Face is 3000 feet higher than the southwest face of Mt. Everest. The South Face of Annapurna is relatively free of the terrible avalanche hazards that plague the standard routes on the North Face of the mountain, despite the great difficulty, the South Face is a logical route to the summit of Mt. Annapurna.

#### **Facts**

• Altitude: 8091m< • Duration: 52 days

Grade: Moderate to Extreme

• Group: 2 - 15 Country: Nepal

 Best Season: Late spring and autumn Start/Ends: Kathmandu (Capital of Nepal)

Accomodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.

Transportation: Domestic airplane and tours we higher

Transportation: Domestic airplane and tours vericus
 Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

est Lunch Dinner

# **Itinerary**

- Day 1: Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- Day 2: Document Applying for Annapurna Expedition Permit. Included meals:Breakfast
- Day 3: Preparation for expedition in Kathmandu. Uded meals:Breakfast
- Day 4: Drive from Kathman baglung. Included meals: Breakfast Lunch Dinner
- Day 5: Trek Baglung to Beni meals:Break ast Lunch Dinner
- Day 6: Trek Beni to Tatopani. ls:Breakfast Lunch Dinner
- Breakfast Lunch Dinner Day 7: Trek Tatopani to Ghasa
- Day 8: Trek Ghasa to Lete. Include
- Day 9: Trek Lete to Dhulo Bukhing. Inc. reakfast Lunch Dinner
- Day 10: Trek Dhulo Bukhing to Phand Base Camp. Included meals:Breakfast Lunch Dinner
   Day 11: Trek Phang Base Camp to Annapun D Base Camp. Included meals:Breakfast Lunch Dinner
- Day 12 29: Climbing period of Annapurna I 8,091m. Included meal: High food
- Day 30: Trek Base Camp to Dhulo Bukhing. Included meals:Breakfast Lunch Dinner
- Day 31: Trek Dhulo Bukhing to Lete. Included meals:Breakfast Lunch Dinner
- Day 32: Trek Lete to Ghasa. Included meals:Breakfast Lunch Dinner
- Day 33: Trek Ghasa to Tatopani. Included meals:Breakfast Lunch Dinner
- Day 34: Trek Tatopani to Ghorepani. Included meals:Breakfast Lunch Dinner
- Day 35: Trek Ghorepani to Birethanti. Included meals:Breakfast Lunch Dinner
- Day 36: Drive from Birethanti to Pokhara to Kathmandu. Included meals: Breakfast Lunch Dinner
- Day 37: Final Departure.Included meals:Breakfast

Note: The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

### Cost Includes

## **Full Board Service Includes**

 All arrival and departure transfer services to and from KTM international airport with other necessary transport as per itinerary

- 4 night hotel accommodation in Kathmandu on B/B basis 3\*\*\* standard.
- 1 night hotel\*\*\* accommodation in Pokhara. B/B plan
- Highly experienced government licensed trekking and climbing Sherpa guide (Everest and Annapurna Summiter as per required) during the trekking and climbing period
- Required numbers of porters during the trekking period
- Required necessary Air/Land transportation (As per itinerary) from Kathmandu-Pokhara- Late-Beni Kathmandu for all climbing members, Sherpa guide, liaison officer and kitchen staff
- Required necessary Xtreme Climbers Tent's Kitchen, storage, dining, client, and toilet tents,
- · Required necessary tables, chairs and cooking utensils for base camp
- Common climbing equipment such as: Rope, ice bars, ice screws, and snow bar
- Accommodation at hotel/lodge/guest house or tent camps during the trekking period
- All camping accommodation for members and staff during trekking and climbing period. You will be sharing sleeping quarters with one other member
- Breakfast, lunch and dinner with tea/coffee (3 times meals a day)
- All food and fuel for base camp and higher camps during the climbing period
- 50.kg baggage allowance per person during the trekking period. This will be carried by porters/mules
- Daily weather report services from Seattle, Washington based company
- Highly experienced Kitchen Chef and kitchen assistant at advance base camp
- TIMS card (Trekking Information Management System)
- Trekking Permit (Annapurna Conservation Park entry fee)
- Expedition Royalty and permit of Nepal government to climb Mt. Annapurna First
- One experienced, trained, government licensed and 3 time summiteer climbing guide (Sherpa) per person
- All wages, equipment, medical and accident insurances for all involved staffs during the trekking and climbing period
- Helicopter rescue insurance for all involved expedition staff.
- Medical consultation services at the vase camp with the HRA clinic at base camp
- Equipment allowances and wates for climbing Sherpas Guide, Cooks, Kitchen assistant and government liaison officer as per program

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- First aid medical kits for the group and the staff
- Thuraya Satellite phone carried by guide for communication. Available to clients at a cost of \$4. USD per minute
- Radio Walki Talki
- Appropriate high altitude food for all clients and start base camp and above as required
- Required necessary fixed and dynamic rope during re climbing period
- Heater will be provided at easy for the dining tent
- Emergency oxygen mask and second experience of client with requirement appropriate charge
- High quality VE-25 North Face
- Solar panel for light and electronic
- Required necessary tents for camp 1,
- 4 Bottles of Oxygen will be provided or each with pask and regulator
- Latest model of Summit or Top out system mask and regulators will be provided
- Required necessary Climbing Sherpa Guides tents, food while climbing and their insurance
- Free assistance service for cargo clearance and duties
- EPI cooking gas and stove will be provided in camp one, three and South Col for cooking food
- Generator will be providing to back-up the lighting in base camp
- Transportation of food supply from Kathmandu to base camp by porter/mules
- Our service charge and government taxes levied in Nepal
- Complete pre-departure information
- Flight ticket reconfirmation and visa extension procedure services
- Nepalese Government Royalty
- Farewell dinner in a typical Nepali restaurant with cultural show in Kathmandu before departure

## **Base Camp Service Includes**

- All arrival and departure transfer services to and from KTM international airport with other necessary transport as per itinerary
- 4 night hotel accommodation in Kathmandu on B/B basis 3\*\*\* standard.
- 1 night hotel\*\*\* accommodation in Pokhara. B/B plan
- Highly experienced government licensed trekking and climbing Sherpa guide (Everest and Annapurna Summiter as per required) during the trekking and climbing period
- Required numbers of porters during the trekking period
- Required necessary Air/Land transportation (As per itinerary) from Kathmandu-Pokhara- Late-Beni Kathmandu for all

- climbing members, Sherpa guide, liaison officer and kitchen staff
- Required necessary Xtreme Climbers Tent's Kitchen, storage, dining, client, and toilet tents,
- Required necessary tables, chairs and cooking utensils for base camp
- Common climbing equipment such as: Rope, ice bars, ice screws, and snow bar
- Accommodation at hotel/lodge/quest house or tent camps during the trekking period
- All camping accommodation for members and staff during trekking and climbing period. You will be sharing sleeping quarters with one other member
- Breakfast, lunch and dinner with tea/coffee (3 times meals a day)
- All food and fuel for base camp and higher camps during the climbing period
- 50.kg baggage allowance per person during the trekking period. This will be carried by porters/mules
- Daily weather report services from Seattle, Washington based company
- Highly experienced Kitchen Chef and kitchen assistant at advance base camp
- TIMS card (Trekking Information Management System)
- Trekking Permit (Annapurna Conservation Park entry fee)
- Expedition Royalty and permit of Nepal government to climb Mt. Annapurna First
- One experienced, trained, government licensed and 3 time summiteer climbing guide (Sherpa) per person
- All wages, equipment, medical and accident insurances for all involved staffs during the trekking and climbing period
- · Helicopter rescue insurance for all involved expedition staff
- Medical consultation services at the base camp with the HRA clinic at base camp
- Equipment allowances and wages for climbing Sherpas Guide, Cooks, Kitchen assistant and government liaison officer as per program
- First aid medical kits for the group and the staff
- Thuraya Satellite phone carried by guide for communication. Available to clients at a cost of \$4. USD per minute
- Appropriate high altitude food for all clients and staff at base camp and above as required
- Required necessary fixed and dynamic rope during the climbing period
- Heater will be provided at base comp for the dining tent
- High quality VE-25 North Face ents for client
- Solar panel for light and electronics charging
- Required necessary tents for camp 1, 2 and 3. Ice fall charges
- Required necessary Sherpa Guides tents, food while climbing and their insurance
- Free assistance service for cargo clearance and du
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- · Flight ticket reconfirmation and visa
- Farewell dinner in a typical Nepali restaution with cultural sho how in Kathmandu before departure

#### Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost EMAIL US, we will send you within 24 hours as your requirements.

### Why we dont't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement Xtreme Climbers desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.

- 2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
- We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
- 4. Request numbers of oxygen, mask regulators and the brands the clients require
- 5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
- 6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
- 7.

  Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
- 8. Either any of the climbers intend to attempt any world reports? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in info@xtremeclimbars.c m or login to for any information about your selected package.

TATHMANDU, NEPAL

## **Cost Excludes**

Full Board Service Excludes

- Lunch and dinner during your stay in Kathmandu (except for the farewell dinner)
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies, satellite phones and internet expenses
- Clothing, packing items or bags, personal medical kit, personal trekking gear
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, or any other food consumed beyond the prescribed breakfast, lunch and dinner
- Transportation services includes only what is listed on the itinerary. Any extra distance travelled will be appropriately charged
- Any additional staff other than specified
- Rescue, repatriation, medicines, medical tests and hospitalization expenses
- Medical insurance and emergency rescue evacuation if required
- Travel insurance and helicopter rescue
- Filming permit (if you have a special camera)
- Personal climbing gear
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc
- Items of personal nature, laundry expenses, tips
- Summit bonus minimum \$1200.00.USD per climbing Sherpa guide
- Nepal custom duty for import of expedition equipment
- · Airfare of international flights
- Nepal entry visa fee (Visa insurance is easy upon arrival)
- Tips, gifts, souvenirs
- Any extra services, products, offers or activities which are not mentioned in the itinerary

Any other item not included in "THE PACKAGE COST INCLUDES" section

