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# **Ganesh Himal Singla Pass Trek**



#### Introduction

A remote trail untouched by modernization, rich in ancient cultures, traditions, and lifestyle. Village of the Gurung, Tamang and Chettri ethnic groups.

The Ganesh Himal Trek allows trekkers the opportunity to have surprisingly quiet views of the high valleys north of Ganesh Himal on the Tibetan border. This is one of the legendary Hidden Valleys of the Himalaya, little-visited yet close to Kathmandu. The main summits are Ganesh I (7422m), II (7118m), III (7043m), IV (7140m), V (6970m), VI (6908m) and Ganesh VII (6350m). Lively Tamang culture, coniferous pine forest, alpine meadows, sacred lakes and a rich biodiversity of flora and fauna are the major attractions of this area. As per your time and fitness, you can choose a suitable itinerary. There are several points Syabrubesi, Betrawati, Charangge Phedi and Machhakhola where you can either start or end your trek. The main villages are Chalis, Shertung, Lapagaon and Tipling. This trek is quite unique because it is pristine and little-frequented by trekkers. Hot springs, white and black lakes, breathtaking views of Langtang, Ganesh Himal and Manaslu will make you feel like you have chosen the right trip.

#### **Facts**

Altitude: 4200mDuration: 11 daysGrade: ModerateGroup: 2 - 15

- Country: Nepal
- Best Season: Home stay/ Tented camping
- Start/Ends: Kathmandu (Capital of Nepal)
- Accomodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.
- Transportation: Domestic airplane and tourist vehicles
- Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

## **Highlights**

- Newly trekking destination close to capital city of Kathmandu
- Region of valuable zinc, crystal, ruby, tin etc
- The sacred Parvati lake (Kunda), twin sacred White and Black Lakes
- · Natural hot spring en route to Neber
- Shimmering close up view of Ganesh himal, Langtang Himal and Manaslu Himal
- Respectful hospitality of ethnic communities
- Diverse terrain farmland, green meadow and rocky hills
- Home to the domestic animals like sheep, yak, goat and ox
- Dense forest of Rhododendron, pine, oak and bamboo
- Several rivers along with suspension bridges, Georges, waterfalls and stone- driven mills

### **Itinerary**

- Day 1: Arrival in kathmandu and transfer to adtek Meal includes:Breakfast/Dinner
- Day 2: Drive to Balche (1,850 m/ \$105 ft) -6-7hrs. Meal includes:Breakfast/Lunch/Dinner
  Day 3: Trek to Rupchet (3850 m/ 12660 ft) 6 hrs. Meal includes:Breakfast/Lunch/Dinner
- Day 4: Trek to Chalisgan (1,800 m/ 5,960 ft) by way of Singla Pass (4200 m/13,290 ft) 7 hrs. Meal includes:Breakfast/Lunch/Dinner
- Day 5: Rest and Relaxation Day at Chalisgaon. Meal includes:Breakfast/Lunch/Dinner
- Day 6 : Trek to Rachyat Gaon (1775 5,875 ft) and nearby m Kapur Gaon 5hrs. Meal includes:Breakfast/Lunch/Dinner
- Day 7: Trek to Lapa Gaon (1,850 m / 6,105 ft) are earby Khading 5 hrs. Meal include
  Day 8: Trek to Ri Gaon (1,850 m / 6,105 ft) 5 hrs. Meal includes: Breakfast/Lunch/Dinner earby Khading 5 hrs. Meal includes:Breakfast/Lunch/Dinner
- Day 9: Trek to Phulkharka (1 90 ft) 5 hrs. Neal includes: Breakfast/Lunch/Dinner
- Day 10: Trek Jyamrung Durba
- Om/5,115ft) 6 hrs. Meal includes:Breakfast/Lunch/Dinner (1,350 m/4,450 ft) 3-4 hrs. Drive to Kathmandu (1,350 m/4,450 ft) 3-4 hrs drive. Meal Day 11: Trek to Dhading Besi includes:Breakfast/Lunch/Dinner

Note: The above itinerary can be taller made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer the can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

#### **Cost Includes**

#### **Full Board Service Includes**

- All airport and hotel transfer with private transportation.
- Kathmandu to Balche and Dhading Bensi back to Kathmandu by local bus.
- Tea House/ Lodge accommodation including meals Breakfast, Lunch and Dinner during trek.
- Required necessary Tents for Camping and VE-25 North Face tents will be provided for members.
- Government License holder experienced and qualified trek leader (guide), assistant trekking guide, (18 trekkers: 1 assistant guide) and porter to help trekkers luggage (2 trekkers: 1 porter).
- Coverage of guides and porters meals, insurance, salary, lodging, transportation and other necessary equipment.
- National Park entry permit fee.
- Trekkers Information Management System (TIMS) card fee.
- · Medical kit.
- Thuraya SAT Phone (Emergency use only)
- Radio Walki Talki
- · All Government and Local Taxes.

#### Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

#### Why we dont't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

- 1. Climbing season: The climbing permit royalty compression mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas, the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
- The cost of the trip depends to the second persons joining in group for High expedition or Mountain Climbing including number of climbers, in the second camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, and the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost. NDU,
- 3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
- 4. Request numbers of oxygen, mask regulators and the brands the clients require
- 5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
- 6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
- 7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.

8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in or login to for any information about your selected package.

#### Cost Excludes

#### **Full Board Service Excludes**

Assistance in arranging rescue operation in case of complicated health condition (funded by travel insurance).

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- Trekking appreciation of certificate after over the successfully trek.
- Farewell dinner.
- · International Flight.
- Excess baggage charges.
- Accommodations, Meals (Breakfast, Lunch and Dinner) in Kathmandu.
- Extra night accommodation in Kathmandu due to early arrival, late departure, early return from trekking (because of any reason) prior to the plan scheduled itinerary.
- Personal nature of expenses such as laundry, telephone call, battery recharge, shopping, laundry, extra porters, beverages etc.
- · Personal clothing and gear.
- Travel insurance.
- Tips for guide and porters.

by management out of control like landscape, bad weather condition, in case of Additional costs or delays cause itinerary modification with a wew to safety concern, illness, charge of government policy, political instability raises strike, moment etc.