



Lobuche (6119m)



Introduction

Lobuche 6,119m (or Lobuje East peak) climbing is one another one of the famous climbing peaks in Nepal, located at Everest region. is a small settlement near Mount Everest in the Khumbu region. Elevation of about 4,940 metres (16,210 ft), is situated about 150 km (93 mi) east of Nepal's capital Kathmandu and lies near the foot of the Khumbu Glacier, approximately 9 km SW of Everest Base Camp. It is a challenging but rewarding climb to the top. Offering a variety of existing routes and world class view of Mt. Everest 8,848m. Lobuje is an attractive trekking peak. From the top you get breathtaking views of Everest, Lhotse, Nuptse, Ama Dablam and Pumori.

The peak has two sides to have summit—east edge (6,119 m) and west edge (6,145 m). The east edge is recognized especially as a trekking peak, whereas the west is known as an Expedition Peak. During this peak climbing will give amateur climbers and explorers the opportunity to trek and climb a wide variety of existing routes as well as new challenging climbing routes. Also have an opportunity to have magnificent views of Himalayas lying around. One of the attractions of the peak is that one can have an opportunity to have views of hundreds of other peaks in the areas including Mt. Everest 8,848m., Mt. Lhotse 8,516m. , Mt. Nuptse 7,861m, Mt. Makalu 8,481m, Mt. Ama Dablam 6,816m., Khangtenga 6,782m. and Tawache 6,542m. among others. As you climb to the southern Base Camp at an altitude of 5,516 meters, The superb views from Mt. Lobuche make it one of the the most quintessentially-popular Himalayan trekking peaks, despite its difficulty level being a bit more challenging than that of nearby Island Peak. From the summit, you'll be able to gaze out at mighty Everest, as well as several peaks on the Tibetan side of the Rongbuk. It's an experience you'll treasure for a lifetime.

Facts

- Altitude: 6119m<
- Duration: 15 days
- Grade: Moderate to Adventurous
- Group: 2 - 15
- Country: Nepal
- Best Season: Spring (April,May) and (October,November) Autumn
- Start/Ends: Kathmandu (Capital of Nepal)
- Accomodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.
- Transportation: Domestic airplane and tourist vehicles
- Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

Highlights

- Scenic mountain flight to and from Lukla.
- World heritage site Everest Trek.
- Visit Namche Bazaar.
- Oldest Tengbochey monastery.
- Unforgettable views of high mountains and Khumbu ice-fall.
- Summit Lobuche East peak (6,119m).
- Great views of worlds highest mountains from the summit of Lobuche peak.
- Everest region trekking before expedition.
- Sherpa culture
- Exploring Local teahouse and Camping



Itinerary

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2 :** Fly to Lukla and trek to Phakding 2,620m. 2-3 hours Guest house Included meals:Breakfast Lunch Dinner
- **Day 3 :** Phakding to Namche Bazaar 3,445m. 5 hours Guest house Included meals:Breakfast Lunch Dinner.
- **Day 4 :** Namche Bazaar acclimatization day. Included meals:Breakfast Lunch Dinner
- **Day 5 :** Namche Bazaar to Tengboche 3,870m. 5-6 hours. Included meals:Breakfast Lunch Dinner.
- **Day 6 :** Tengboche to Dingboche 4,360m. 4-5 hours. Included meals:Breakfast Lunch Dinner.
- **Day 7 :** Day Trip to Nagarjun 5,000m. and back to Dingboche. Included meals:Breakfast Lunch Dinner.
- **Day 8 :** Trek to Lobuche (4,950m) 4-5 hours. Included meals:Breakfast Lunch Dinner.
- **Day 9 :** Trek to Gorakshp 5,160m. and Hike to EBC 5,545m. 7-8 hours. Included meals:Breakfast Lunch Dinner.
- **Day 10 :** Climb Kalapathar 5,400m. & trek to Lobuche Base Camp 6-7 hours. Included meals:Breakfast Lunch Dinner.
- **Day 11 :** Base camp to Lobuche high camp 3-4 hours. Included meals:Breakfast Lunch Dinner.
- **Day 12 :** Summit Lobuche Peak and down to Pheriche 8-10 hours. Included meals:Breakfast Lunch Dinner.
- **Day 13 :** Pheriche to Namche Bazar 5-6 hours. Included meals:Breakfast Lunch Dinner.
- **Day 14 :** Trek down to Lukla 6-7 hours. Included meals:Breakfast Lunch Dinner.
- **Day 15 :** Fly back to Kathmandu 35 minutes and transfer to Hotel. Included meals:Breakfast Dinner.
- **Day 16 :** Final Departure

Note: The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by

cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

Cost Includes

Full Board Service Includes

- Airport/Hotel/Airport transfers.
- Hotel accommodation in Kathmandu with BB Plan as itinerary - Twin Sharing Room (3 star Hotel).
- Accommodation during the trekking and Climbing.
- Necessary Land Transport.
- Domestic Flight ticket for clients and staffs.
- Climbing Cargo both ways.
- Climbing Permit (NMA permits).
- National Park and Conservation fees.
- Trekking Permits.
- Food – 3 times during the Trekking, Base Camp and high camp for member & staffs.
- Nepali Kitchen Helper for Base Camp & High Camp.
- Yak transport – bag, food and equipments (if necessary).
- Necessary Porters / staffs.
- VE 25 North Face or Mountain Hardware tents for base camp/ High Camp.
- Foam Mattresses, Dining/Kitchen/Toilet/Store.
- Tables & Chairs, all necessary Cooking gear.
- A First Aid, safety, basic/advance trained, Eco trained & Government licensed holder English Speaking Trekking and Climbing Guide.
- Accommodation, meals, salary, equipment, transportation & Insurance of Xtreme Climbers Team staffs.
- First Aid Kit.
- Travel & Rescue arrangement.
- All government taxes.
- Welcome/ Farewell dinner.



Cost and payment details

The cost is depending on group size, it varies due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air travel. The cost is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For your Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we don't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full

board or base camp service) which directly affects the expedition cost.

4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [Whatsapp](#) or login to [our website](#) for any information about your selected package.

Cost Excludes

Full Board Service Excludes

- Lunch & Dinner in Kathmandu.
- Personal trekking/ climbing equipments.
- Insurance: Travel/Accident/Medical /emergency evacuation.
- Nepal Visa fee US\$ 40 for 90 days & US\$ 25 for 30 days Per person.
- Entrance fee of Historical monuments.
- Tibet Visa fee as current rate (if required for Tibet site).
- Extra Climbing Sherpa US\$ 350 (if required for private climbing guide).
- Sherpa Summit Bonus
- Special Hot and Cold drinks and alcohol.
- Extra Yak which can be paid at base camp (if need).
- All other personal nature expenses.
- Tips for the Climbing Sherpa Guide/ Helping crew while trekking
- Any extra services, products, offers or activities which are not mentioned in the itinerary
- Any other item not included in "THE PACKAGE COST INCLUDES" section

