



## **Makalu Sherpani Col (6135m)**



### **Introduction**

The Makalu Sherpani Col Trekking to Everest Traverse Trek includes three high passes, two of them over 6,000m. It traverses the mountain range between Makalu and Everest. This trek combines cross-country trekking with mountaineering (fixed ropes and ice axe) to scale the high passes of the “Three Cols” – namely Sherpani Col, West Col and Amphu-Labsta. This trek forms part of the Great Himalayan Trail, a trail which crosses the country from east to west through some of the toughest and most beautiful landscapes provide an amazing view of the world's tallest mountains like Kanchenjunga 8,586 m, Makalu I 8,481 m, Makalu II 8,463 m, Mt. Kumbhakarna 7710 m. ( known as Jannu ) , Baruntse 7129 m, Lhotse 8516 m, Everest 8,848 m, Pumori 7,161 m, Ama Dablam 6,812 m, & Thamserku 6,623 m. From Base Camp of Baruntse. One of the most challenging sections of the GHT, an excellent level of fitness is required to complete the journey, the majority of days at altitudes over 4,000 and up to 6,000m. Well equipped and professional team is highly required for this Adventure Trekking into the Himalayas.

### **Facts**

- Altitude: 6146<
- Duration: 23 days
- Grade: Adventure
- Group: 2 - 15
- Country: Nepal

- Best Season: April-May & Oct-Nov
- Start/Ends: Kathmandu (Capital of Nepal)
- Accomodation: Hotel/Camping/Tea House
- Transportation: Flight/ Private car in City
- Meals Includes: Each day 3 times meals will be provide by professional cook during Camping.

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2** : Trek preparation. Included meals:Breakfast Dinner
- **Day 3** : Fly to Tumlingtar (950m/3,116ft), 40 minutes flight and drive to Chichila (1,800m/5,904ft), Via Mani-Bhanjyang (1,200m/3,936ft). Included meals:Breakfast Lunch Dinner
- **Day 4** : Trek to Num (1,500m/4,920ft) 5-6 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 5** : Trek to Seeduwa (1,493m/4,897ft), 5 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 6** : Trek to Tashi Gaun (2,200m/7,216ft), 3-4 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 7** : Trek to Kahuma Danda (3,500m/11,480 ft), 5-6 hours walk. Included meals:Breakfast Lunch Dinner
- **Day 8** : Trek to Mumbuk (3,400m/11,152ft) 5-6 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 9** : Trek to Nehe Kharka (3,750m/12,300ft) 6-7 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 10** : Trek to Sherson (4,600m/15,088ft) 6-7 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 11** : Acclimatization day. Included meals:Breakfast Lunch Dinner
- **Day 12** : Trek to Barun-che Base Camp (4,800m/15,744ft), 2-3 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 13** : Trek to High Camp (5,200m/17,056ft), 4-5 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 14** : Camp at (5,700m/18696ft), 4-5 hrs walk Included meals:Breakfast Lunch Dinner
- **Day 15** : Rest day. O/N Camp. Included meals:Breakfast Lunch Dinner
- **Day 16** : Camp on the Moraine (5,640m/18,500ft), after crossing Sherpani col. Included meals:Breakfast Lunch Dinner
- **Day 17** : Trek to Panch Pokhari (5,480m/17,975 ft), 4-5 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 18** : Trek to Amphu Labtsa Base Camp. Included meals:Breakfast Lunch Dinner
- **Day 19** : Traverse Amphu Labtsa Pass 5,780m and trek to Chhukung (4,730m/15,515ft), 7-8 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 20** : Trek to Tengboche (3,867m/12,684ft) 5-6 hrs. Included meals:Breakfast Lunch Dinner
- **Day 21** : Trek to Namche Bazaar (3,440m/11,283ft) 5-6 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 22** : Trek to Lukla (2,800m/9,184ft), 6-7 hrs walk. Included meals:Breakfast Lunch Dinner
- **Day 23** : Fly back to Kathmandu. At Kathmandu Farewell diner. Included meals:Breakfast Dinner
- **Day 24** : Final Departure

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have request to add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep River in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- Necessary ground transfers by private vehicle as per itinerary.
- Guided sightseeing in Kathmandu (includes all entrance fees).
- Three star Hotel in Kathmandu (including Breakfast, & Taxes)
- All domestic airfares (Kathmandu - Tumlingtar & Lukla- Kathmandu).
- Organized Camping Trek arrangement, including all high quality camping equipments and VE-25 North-Face Two Men Tent, Kitchen Tent, Toilet Tent, Table, Chairs, Mattresses, Hot Water Bags, Inner Sheet and etc.
- Solar Panel for Light and battery charging in Base Camp.
- Thuraya SAT Phone for emergency use only.
- Radio Walki Talki
- Fresh meals will be provided (as long as it possible) while trekking, High quality hygienic food will be provided over high passes which will be prepared by our cook.
- National Park / Conservation Area Permit Fees ( Included: Gawn Palika, Sagarmatha National Park & Makalu Barun Conservation Area).
- Highly experienced Climbing Sherpa (Everest Summitters) / Assistant guide, High altitude working crew / Necessary required high altitude porters to carry your backpack (1 porters for 2 member 30.kg max) / with their daily wages,

insurance and all arrangements.

- Guide, porters and their daily wages, insurance with all necessary lodging - fooding arrangements.
- Welcome Dinner with Live Nepalese Cultural Program.

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we dont't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing, full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, ropes and the brands the clients require
5. The itinerary may be changed after reaching mutual understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in \_\_\_\_\_ or login to \_\_\_\_\_ for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- Nepalese visa fee

- International airfare to and from Kathmandu
- Excess baggage charges (if you have more than 15 kg luggage, cargo charge is around \$1.5 per kg)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Altitude chamber (PAC) or oxygen
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Travel and rescue insurance
- Personal expenses (phone calls, internet, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Personal climbing equipment
- Personal climbing guide if requested
- Optional trips and sightseeing if extended
- Tips for guides and porters
- Services not listed in the 'What Is Included' section

