



## Everest Expedition (North)



### Introduction

Mt. Everest North Expedition from Tibet side has become more popular among the mountaineers to make their dream come true to stand on the summit of Mt. Everest (Chomolungma, Goddess Mother of the World). Climbing from the North side or the North Col is twice accessible than the southern side because the climbers do not have to face the notorious Khumbu Ice Falls which time consuming, as the northern side of Mt. Everest is more popular among the mountaineers not because of its world's highest altitude only but also the Himalaya is younger than American and European mountain range the Andes, the Alps and the Rockies. The Everest north ridge expedition is technically more straightforward than the south ridge, at present since last 10 years one can drive all the way to its base camp and can take Yaks all the way to Advance Base Camp or Camp III at 6,500 meters which makes it affordable cost of royalty and other mountaineering services has made the north Col more popular than the south ridge. Xtreme Climbers Treks and expedition offers a full service expedition of this world renowned peak with a medium number of climbers and a 1:1 climbing Sherpa/Guide to each of our valuable climber. We are committed to providing the highest level of support with technically strong and highly experienced, climbing Sherpa Guide (Many Times Everest Summitters South/North both side) support and the best high end gear. There are no easy routes on Everest but we try to put the odds on our side. We take the North Ridge because we consider it to be the safest. Technically, it is more challenging than the South Side but does not have the ice fall danger. Our Advanced Base Camp (6,400 m.) is right under the shadow of Changtse and has a view of virtually the whole route. From here we use four more camps, a formula that has brought us considerable success in the past.

Our trip starts driving from Kathmandu to Kerung (Rasuwa District) or flight in to Lhasa (Additional Cost required). We will

have 2/3 days sightseeing around Lhasa then three day drive taken us to the Everest Chinese Base Camp at 5,400m. and from there it is 22 km to the ABC at 6400m by yaks. We put an intermediate camp on the glacier about half way between Base Camp and ABC, so this trip takes two days. From the ABC the route continues up the East Rongbuk glacier to the north of the glacier and then up easy snow slopes to the North Col at 7,000m.

## Facts

- Altitude: 8848m<
- Duration: 43 days
- Grade: Challenging
- Group: 2 - 15
- Country: Nepal
- Best Season: Spring season(April/May)
- Start/Ends: Kathmandu – Kerung or Lhasa – Shigatse – Shegar – Everest Base Camp – Everest ABC – Zhangmu – Kathmandu
- Accommodation: Hotels and Lodge with camping on climb
- Transportation: Domestic airplane and tourist vehicles
- Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

## Highlights

- Adventure and climb on top of world's highest Mt. Everest a daring feat
- Explore traditional and typical Himalayan life of Sherpa people the highlanders of Everest
- An awesome challenge and adventure within thin air and high altitude routes of ice and snow
- A complete adventure of a lifetime experience on number peak with superb panorama
- Alpine green forest to windswept rugged mountains to remorseless fields of ice and glaciers
- Trekking within scenic Sagarmatha National Park around world high heritage sites

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2** : Preparation/ China VISA process. Included meals:Breakfast
- **Day 3** : Sightseeing/ Preparation Kathmandu / VISA collection. Included meals:Breakfast Dinner
- **Day 4** : Fly to Lhasa/ TIBET/ Inner Mongolia. Included meals:Breakfast
- **Day 5** : Sightseeing in Lhasa. Included meals:Breakfast
- **Day 6** : Drive to Shigatse (3900m, 12795ft). Included meals:Breakfast Lunch Dinner
- **Day 7** : Drive to Thingri (4350m, 14271ft). Included meals:Breakfast Lunch Dinner
- **Day 8** : Acclimatization Day in Thingri
- **Day 9** : Drive to Everest Base Camp (5200m/17060ft).
- **Day 10 - 14** : Acclimatization at EBC (5200m/17060ft)
- **Day 15** : Trek to First Interim Camp (5,800m/19028ft).
- **Day 16** : Trek to Advance Base Camp (6,440m/21128ft).
- **Day 17 - 37** : Everest Climbing period: Camp I (7000m/22965ft), Camp II (7700m/25262ft),Camp III (8300m/27230ft) respectively. Summit on the highest point of the planet. Included meals: High Food.
- **Day 38** : Team members walk to Base Camp. Included meals:Breakfast Lunch Dinner
- **Day 39** : Packing of personal equipment at Base Camp. Included meals:Breakfast Lunch Dinner
- **Day 40** : Depart Base Camp and drive to Shigatse to spend a night in a hotel. Included meals:Breakfast Lunch Dinner
- **Day 41** : Drive from Shigatse to Lhasa. Included meals:Breakfast Lunch Dinner
- **Day 42** : Fly from Lhasa to Kathmandu: Includes meals: Breakfast Dinner
- **Day 43** : Final Departure back to home.

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

## Full Board Service Includes

For full board clients we provide a personal tent and food, which will be prepared by their climbing Sherpa. We provide UHF/VHF hand held radios on the mountain to maintain communications between ABC and high camps. We provide a personal climbing Sherpa guide to help the clients reach the summit. The secret of success on Everest is a strong and experienced climbing Sherpa. No matter how good and experienced the climber, it is a long slog. Personal climbing Sherpas will set up camp 1, camp 2 and camp 3. They will also carry food provisions, fuel and oxygen and will guide and assist the client on the summit day.

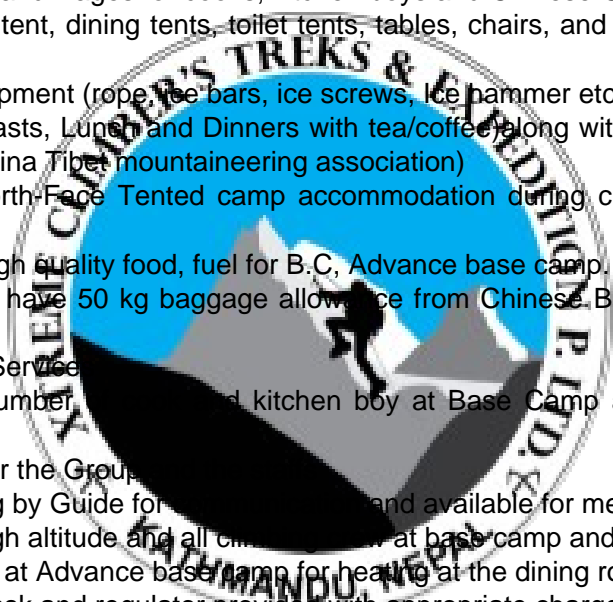
- Required necessary arrival and departure transfer services to and from International airport with Kerung border transport as per program.
- 4 Nights 5\*\*\*\* hotel accommodations in Kathmandu on B/B basis
- Land transportation from Kathmandu-Kerung-Kathmandu for all climbing members, Sherpa, guides and kitchen staff as per program. (if we need to entry and exit from Lhasa we provide Kathmandu-Lhasa-Kathmandu flight with additional cost.
- Tibet Visa and road permit for members, climbing Sherpa, guides and kitchen crew.
- Chinese Government Royalty for climbing Mount Everest from north face.
- 3 Night 3\*\*\* hotel accommodation in Lhasa if we need to entry and exit from Lhasa.
- Required necessary high quality Kitchen, Dining, Sleeping, Toilet Tents, Tables, Chairs, and cooking utensils at B.C and A.B.C.
- Common climbing equipment rope, ice bars, ice screws, ice hammer etc)
- B/B plan hotel accommodation along with available Hotel/ Lodge/Guest Houses along the trail provided by China Tibet Mountaineering Association.
- High quality VE-25 North-Face Tented camp accommodation will be provided for members during climbing as per program.
- Required necessary high quality food and fuel for B.C, A.B.C and higher camps during expedition
- Climbing members have 50-60.kg baggage allowance from Chinese Base Camp to Advance Base Camp and return carried by Yaks.
- Daily Weather Report Services
- Required necessary Number of cook and kitchen staff at B.C and Advance Base Camp as per group size.
- One highly experienced, Trained, Government Licensed, many times Everest Summiteers Climbing/Expedition Guide (Sherpa) per client. (1:1 Ratio)
- All wages, equipment, medical and travel insurances for all involved staff in trekking and expedition.
- Equipment allowances and wages for climbing Sherpa's, cooks, kitchen staff and Chinese Government Liaison Officer
- First Aid medical kits for the group
- Satellite phone carried by Guide for emergency and available for members with the cost of U.S. \$4 per minute call.
- Appropriate food for high altitude and all climbing crew at base camp, advance base camp and above as required.
- Fixed and dynamic rope during climbing period.
- Heater will be provided at base camp for heating at the dining room.
- Emergency Oxygen mask and regulator provided with appropriate charge.
- Each expedition member will have an individual tent available in the ABC and CBC.
- Solar panel for light and battery charger.
- All tents for camp 1, 2 and 3. All charges for staff and high altitude climbing Sherpa guide.
- 5 Bottles of (Summit Oxygen) will be provided for each member including latest model of Summit/Top out system/ mask and regulators.
- Climbing Sherpa's tents, food and high food during climbing, and medical and travel insurance
- Free assistance service for cargo clearance and duties.
- Fresh cooked food and kitchen will be set up at base camp and advance base camp.
- EPI cooking gas, stove will be provided in camp I, II and III for cooking food and boiling water.
- Generator will be provided for back-up lighting and power.
- Transportation of food supply to Advance Base Camp from Kathmandu
- Our service charge and Government Taxes levied in Nepal and Tibet.
- Complete Pre-departure information, flight ticket reconfirmation (If require by members)
- Everest Summit Certificate after summiting successfully.
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.

## Base Camp Service Includes

We Xtreme Climbers provides very professional, helpful and friendly service from Kathmandu to the ABC as well as

during the climb. Our objective is to provide a good quality, helpful, safe, friendly, stress free and comprehensive service to maximize summit opportunity. In the Base camp our cooks and helpers will prepare and serve three delicious freshly cooked and plentiful meals a day and will ensure that hot and cold drinks are available 24 hrs a day. In the Base Camp we provide spacious expedition quality personal tents for all our clients both with full board or base-camp service only. In base camp we also provide dining tent, kitchen tent, toilet facilities and portable shower facilities and tent accommodation for our staff. In base camp we provide access to communication including satellite telephone and internet access, solar panels to charge your batteries and UHF/VHF handheld radios on the mountain to maintain communications between ABC and high camps. Our camp manager as well as guides and climbing Sherpa's have an extensive experience on multiple Everest climbs. They will ensure cooperation with other companies and Base Camp organization. In base camp our guides will work with other teams to ensure contribution from all operators for tasks such as route fixing and to ensure the safety of climbers from ABC to the summit.

- Arrival and departure transfer services to and from both Domestic and International flight as per itinerary
- All arrival and departure transfer services to and from International airport with Kerung border transport as per itinerary.
- 4 Nights 5\*\*\*\*\* Hotel accommodations in Kathmandu on B/B basis.
- Land transportation from Kathmandu-Kerung-Kathmandu sector to all climbing member, Sherpa guide and kitchen staff as per itinerary.
- Tibet Visa and road permit for member and kitchen crew.
- Chinese Government Royalty to climbing Mount Everest from north face
- All wages, equipment, medical and accidental Insurances for all involved staffs in trekking and climbing.
- Equipment allowances and wages for cooks, kitchen boys and Chinese Government Liaison Officer
- All kitchen tent, stores tent, dining tents, toilet tents, tables, chairs, and cooking utensils at Base Camp and Advance Base Camp.
- Common climbing equipment (rope, ice bars, ice screws, ice hammer etc)
- 3 meals a day (Breakfasts, Lunch and Dinners with tea/coffee) along with available Hotel/ Lodge/Guest Houses(along the trail provided by China Tibet mountaineering association)
- High quality VE-25 North-Face Tented camp accommodation during climbing period for members and staff as per itinerary
- Required necessary High quality food, fuel for B.C, Advance base camp.
- Per climbing members have 50 kg baggage allowance from Chinese Base Camp to advance base camp and return carried by Yaks.
- Daily Weather Report Service
- Required necessary number of kitchen boy at Base Camp and advance base camp as per numbers of group size
- First Aid medical kits for the Group
- Satellite phone carrying by Guide for emergency and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for high altitude and all climbing gear at base camp and advance base camp.
- Heater will be provided at Advance base camp for heating at the dining room.
- Emergency Oxygen mask and regulator provided with appropriate charge.
- Each expedition member will have an individual tent available in the ABC and CBC.
- Solar panel for light and battery charger.
- Free assistance service for Cargo clearance and Duties.
- Fresh cooked food and kitchen will be set up at base camp and advance base camp.
- Generator will be providing for back- up of lighting power.
- Transportation of food supply to Advance Base Camp from Kathmandu
- Complete Pre-departure information, flight ticket reconfirmation (If require by members)
- Our service charge and Government Taxes levied in Nepal and Tibet.
- Everest Summit Certificate after summiting successfully.
- Welcome and Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.



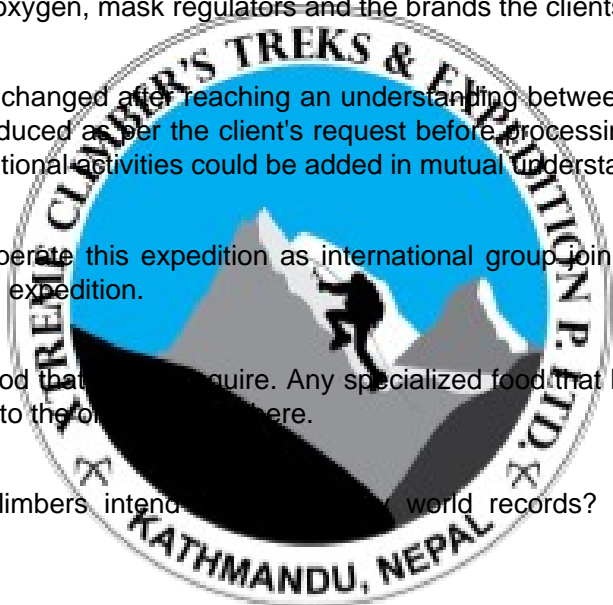
### Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

### Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that you require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the food available here.
8. Either any of the climbers intend to set world records? If so, do they require special services or equipment?



Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [Facebook](#) or login to [Xtreme Climbers](#) for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

For full board clients we provide a personal tent and food, which will be prepared by their climbing Sherpa. We provide UHF/VHF hand held radios on the mountain to maintain communications between ABC and high camps. We provide a personal climbing Sherpa guide to help the clients reach the summit. The secret of success on Everest is a strong and experienced climbing Sherpa. No matter how good and experienced the climber, it is a long slog. Personal climbing Sherpas will set up camp 1, camp 2 and camp 3. They will also carry food provisions, fuel and oxygen and will guide and assist the client on the summit day.

- Airfare of international flights.
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and Dinner during your stay in Kathmandu (except for the Welcome and Farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars
- Any extra services or products or offers or activities which are not mentioned in the itinerary

- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations,
- Any additional staff other than specified.
- Rescue, repatriation, medicines, medical tests and hospitalization expenses.
- Medical insurance and emergency rescue evacuation if required.
- Travel insurance and helicopter rescue.
- Summit bonus for climbing Sherpa guides as per Mountaineering Association rules. Minimum \$1500.00USD per Climbing Sherpa guide
- Items of personal nature, laundry expenses, tips
- Expenses incurred towards usage of landlines, mobiles, Walkies -talkies or satellite phones And Internet expenses.
- Clothing, packing items or bags, personal medical kit, personal trekking gear
- Nepal entry visa fee (Visa issuance is easy at the arrival)
- Wake talkies & Filming permit.
- Summit bonus for personal climbing Sherpa/guide.
- Personal climbing gear
- Nepal custom duty for import of expedition goods
- Any other item not included in “ INCLUDES SECTION”

