



## Langtang Gosaikunda Trek Via Chisapani



### Introduction

Gosaikunda is visited every year by thousands of visitors during the full-moon time in May and August. Just 140 km north of Kathmandu, Gosaikunda is one of the most valued and famous treks in the Langtang region. It combines the remote and spectacular valley of Langtang, with the high mountains, glaciers and lakes at Gosaikunda. Langtang valley trekking is full of wonder due to fascinating local history, culture and lifestyle, glaciers and mountains, and flora and fauna. Gosaikunda lake, the major highlight of the trip, is holy and spiritual to both Hindus and Buddhists alike. It is at an altitude of 4,380m (14,370 ft.) in the north of Kathmandu.

The major attraction of this trek is the exotic 108 glacier lakes. This trek starts from Dhunche Village or Syabru Besi both from the Langtang side. Alternatively, trekkers may also begin from Sundarjal, which lies on the outskirts of Kathmandu. Many trekkers choose to stay at Laurebinayak which also provides excellent sunset and sunrise views of the Langtang and Ganesh Himal. The chief inheritances of this region are Tamang and Sherpa, the origin of Tibetan, whose religion, culture, languages, and dress are similar to the Tibetan people. The craftsmanship, clothing, traditionally built stone houses and the beautiful wooden carved doors go back to the reflection of hundreds of years. The spectacular scenery of Mt. Langtang Lirung (7,246m), Gang Chhenpo (6,388m), Naya Kangri (5,846m) and Dorje Lakpa (6,966m) are worth a visit for the nature seekers and mountains lovers on one hand and on the other 1000 species of flora and many wild animals such as Tigers, wild boar, red panda, musk deer, Himalayan black bear, Himalayan Thar (wild goat), rhesus monkey, common langur, snow leopard, hawks, hoopoe, cuckoos, barbets, owls, nightjars, laughing thrushes, black-capped vireos, Red-billed and parakeets etc. more than 250 species of birds are main attraction for the Langtang


## Facts

- Altitude: 5000<
- Duration: 13 days
- Grade: Moderate
- Group: 2 - 15
- Country: Nepal
- Start/Ends: Syabru Besi/ Dhunche

## Highlights

- Cultural and traditional Tamang and tibetan Lifestyle
- Langtang National Park
- Deep Gorge and river as well as terraced meadow and fascinating forest
- Absolutely superb view of Dorji Lakpa, Langtang-Ri and Langtang lirung
- Red Pandas, Monkeys and species of Birds
- Fantastic ice faces of Tumbling glacier
- Old Buddhist monastery and Yak Cheese factory
- Langtang Valley Explore
- Religious Gosaikunda Lake
- Abundant wildlife
- Kathmandu Sightseeing

## Itinerary

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- **Day 1** : Arrival in Tribhuvan Intl Airport Kathmandu
  - **Day 2** : Drive Kathmandu / Syabrubesi (1450 m) by private vehicle. (Approx. 8 hours drive) (Breakfast, Lunch and Dinner Included)
  - **Day 3** : Trek Syabrubeshi / Lama Hotel (2480 m) - approx. 6 to 7 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 4** : Lama Hotel / Langtang village (3541 m.) - approx. 5 to 6 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 5** : Langtang / Kyanjing Gumpa (3900 m.) - approx. 3 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 6** : Day hiking and back to Kyanjing Gumpa. (Breakfast, Lunch and Dinner Included)
  - **Day 7** : Kyanjin gumpa / Ghora Tabela (3800 m) - approx. 4 to 5 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 8** : Ghora Tabela / Bamboo (3200 m) - approx. 4 to 5 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 9** : Bamboo / Thulo Syabru (2200 m) - approx. 4 to 5 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 10** : Thulo Syabru / Shing Gumpa (2800 m) - approx. 5 to 6 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 11** : Shing Gumpa / Gosaikunda (4381 m) - approx. 6 to 7 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 12** : Cross over the Laurebina pass (4600 m) descend to Thare Pati (3600 m.) - approx. 8 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 13** : Thare Pati / Kutumsangu (2471 m) - approx. 6 hrs approx. (Breakfast, Lunch and Dinner Included)
  - **Day 14** : Kutumsangu / Chisapani (2194 m) - approx. 6 to 7 hrs walk. (Breakfast, Lunch and Dinner Included)
  - **Day 15** : Chisapani / Sundarjal (approx. 3 hrs walk) and drive to Kathmandu (approx. 30 min. drive). (Breakfast, Dinner)
  - **Day 16** : Final Departure

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

## Full Board Service Includes

- Airport / Hotel / Airport pick up & drop by private car or van. It is depend of the group.
- 3 nights accommodation in 3 star category hotel in Kathmandu.
- Meals on full board (Breakfast, lunch and dinner) during trekking.
- Local fresh fruits like orange, apple, banana and grape etc.
- All accommodations during the trek.

- Trekking map.
- Necessary Transport during a Trekking .
- An experienced Government licensed holder guide and porter to carry your luggage during the trek.
- Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter
- Group medical supplies (first aid kit will be available).
- Thuraya SAT Phone (Emergency use only)
- Radio Walki Talki
- All necessary Government paper works and national park entry permits and TIMS Card etc.
- Travel & Rescue arrangement.
- All government taxes and Vat.

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climber, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affect the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please

feel free to drop your queries in  
about your selected package.

or login to

for any information

## Cost Excludes

### Full Board Service Excludes

- Meals yourself Kathmandu (L+D).
- Your Travel insurance.
- International airfare.
- Nepal entry visa ( You can obtain a visa easily upon your arrival at Nepal's Airport in Kathmandu).
- All kind drinks (Alcoholic, Special Coffee,cold drinks etc.)
- Personal shopping and laundry etc.
- Personal trekking Equipments.
- Tips for trekking staff and driver. (Tipping is expected, but it is not mandatory)
- If do any tour and sightseeing and other activities etc.

